



THE PSP ASSOCIATION IN SCOTLAND

With Spring hopefully round the corner it is time to mention the PSP and CBD Care and Support Meetings taking place soon. Just as a reminder they are:-

- 9th March: The Stuart Resource Centre, Long Walk Road, Aberdeen AB16 5QQ
- 10th March: St. Stephens Comley Bank Church, East Fettes Road/Comely Bank Road, Edinburgh EH4 1DW
- 7th April: The Beardmore Hotel and Conference Centre. Beardmore Street, Clydebank, Glasgow G81 4SA

The Meetings start at 2 pm and finish at 4pm. You are most welcome to attend any of these Meetings, and to pass on details to patients, carers and other health professionals who may be interested and wish to attend.

However, if you do intend to come it would be helpful if you could contact either Madeleine Quine or Alisoun Fairbairn so that we have some ideas of numbers!

The venue for Glasgow is **new!** The Beardmore is part of NHS Scotland and, in fact, is a world-class conference venue combining all the standards of a four star hotel! There is ample **free parking, a restaurant and a hospital canteen.** Also on site there is a swimming pool, sauna, steam room and fully equipped gym!

BBC DRAMA DOCUMENTARY

“A Short Stay in Switzerland” starring Julie Walters was watched by some 5 million viewers! This has gone some way in extending awareness of PSP – although the main object was assisted suicide, which, as mentioned in the last Newsletter, is not advocated by The PSP Association. It was a very moving and powerful play. Many members of the PSP Forum watched in spite of finding it extremely emotional and hard.

PSP WEBSITE/LEAFLETS

The new website – www.pspeur.org - is going well. Under “For Professionals” if you continue to “Services” you will find “Guides for Professionals”. There is a Guide for Occupational Therapists which may be a useful reference. It was co-authored by Joanne Hurford and Kate Morton, both Occupational Therapists at The National Hospital for Neurology and Neurosurgery in London, together with Madeleine Quine who qualified as an Occupational Therapist in 1985. It is the first in a series of professional guides being produced by The PSP Association and it may be useful to highlight this guide to other members of the MDT.

Under “Care and Support” there is a leaflet called “Living with PSP” which may be useful for patients recently diagnosed and their carers.

Also to be found under “Care and Support” is the Local Support Section which includes a **Scotland** page.

In spite of the current financial crisis in the country it is still hoped to expand on this, though Madeleine is somewhat restricted until the situation eases.

AFTERNOON TEA FOR PSP

For the second year running we are having a series of Tea Parties across the UK. Anyone can hold a Tea Party for us! It does not have to be a grand affair – just a few friends in for a chat and a cup of tea will do. The object is to raise awareness **AND** funds for PSP and CBD. The PSP Association is holding a raffle this year with prizes to include:-

Tea for Two at the House of Lords

Weekend for Two at the Metropolitan Hotel in London

Please contact either Madeleine Quine or Alisoun Fairbairn for more information on holding a Tea Party for us – or visit the PSP website.

PSP Awareness Week ran from Saturday 4th April until Saturday 12th April, with “**Magnolia Day**” on Wednesday 8th April.

Many Tea Parties were held during that week, and others are being held later this year, so if you would still like to hold one do get in touch!

PSP MATTERS

The PSP Association has a Form for people with PSP/CBD who are being admitted to hospital. It is called “Into Hospital” and allows family/friends/carers to write detailed information that can help ward staff formulate an appropriate care plan. Please email Madeleine Quine if you would like a copy of this.

The PSP Association produces a magazine three times a year. If you would like to keep up to date with PSP and CBD please email Madeleine Quine -madeleine.quine@pspeur.org for an application form. The cost is £9 / year.

The latest research, care and support issues are regular features, and provide valuable resources for the multi-disciplinary team.

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Working for a World free of PSP

The PSP Association Registered Charity in England No. 1037087