

Volunteer! - Giving your time can ensure that The PSP Association helps even more people affected by PSP or CBD as we benefit from the skills, experience and enthusiasm that you bring!

... or make a one off donation.

A £20 donation will provide one Carers Information Pack; a £40 donation will provide one hour of our unique 24/7 Nurse Specialist Helpline, a £500 donation will provide one local Carers Group Support Meeting. This year alone we will spend over £400,000 on medical research. Your donation will make a valuable contribution to our work.

Contact The PSP Association to find out how *you* can help or complete this form and send to the address below.

Title: _____ First Name: _____ Last Name: _____

Address: _____

_____ Post Code: _____

Email: _____

Telephone (day): _____ (evening): _____

Please send me information: _____

The PSP Association, PSP House, 167 Watling Street West,
Towcester, Northamptonshire, NN12 6BX

Telephone: 01327 322410 Email: psp@pspeur.org

You can also download information from our
website: www.pspeur.org

Thank you for your kind support.

The PSP Association. Registered charity 1037087



Get Involved ...

ways to help The PSP Association

... you can help us to do more!

Working for a world free of PSP

YOUR HELP WILL MAKE A VITAL DIFFERENCE

There is no treatment for PSP ... that is why our charity spends 42% of its income on medical research. **There is inadequate healthcare** for people with PSP and CBD ... that is why a further 42% of our income is spent on a range of care and support services including the UK's only PSP Nurse Specialist Service, providing immediate help to sufferers, their carers and families.

HOW CAN YOU HELP?

The PSP Association relies on donations and general support to help fund and deliver all its work. There are lots of ways that you can help. Please contact our charity if you would like more information.

Raise Awareness - Our team of Development Officers have specific responsibility for increasing knowledge and awareness of PSP and CBD with relevant health and welfare professionals across the UK. Our experience shows that increased awareness leads to better diagnosis, care and support. Our Awareness Pack explains how *you* can help raise awareness.

Subscribe - Our subscribers are a wide range of people ... including those with PSP or CBD, their carers, family members, friends and health care professionals.

Shop - Our shop policy is quality goods at reasonable prices; balanced against the need to generate funds. Our objective is to ensure that at least 50% of almost every sale goes towards funding the work of our charity. Every time you make a purchase you are also making a charitable donation for PSP... we can send you an order form or go online www.pspeur.org/shop.

PSP Friends - To make your donation go further, why not consider setting up a regular Standing Order and becoming a *PSP Friend*? This is one of the most cost effective ways of supporting The PSP Association as there is a huge reduction in administrative costs and where donors are tax payers, the charity is able to claim Gift Aid.

Corporate giving - Make The PSP Association your corporate charity! Many businesses are adopting a Corporate Social Responsibility (CSR) Policy and often include supporting a charity as part of this strategy. Employees are involved in selecting their 'Charity of the Year' and then go on to volunteer, raise funds and tell other people what they learn about our charity. In return our charity works with the business to maximise PR and marketing opportunities.

- ◆ Do you know a business that may be interested in developing a charity/corporate partnership?
- ◆ Does your employer run a Payroll Giving scheme ... employees give from their pay before tax is deducted - costing them less and giving their chosen charity more!

Legacy giving - You could remember The PSP Association in your Will. Leaving a legacy to The PSP Association is an exceptional way to mark your life and demonstrate your commitment to helping people with PSP or CBD. Your solicitor will be able to advise you on the kind of donation you might leave to our charity and the tax benefits that may result.

Fundraising events - Organise or take part in a fundraising event. The PSP Association Events Team has access to a range of events to match most budding 'eventers' aspirations. Whether it is a country walk, a round of golf, or even a full marathon somewhere else in the world we have an event for you! Alternatively, you may like to organise your own fundraising event? Fundraising can be huge fun and result in an enormous sense of achievement for all those that take part. Our Fundraising Pack tells you how! To order one ... see the form overleaf.